

# Relaxation Through Resonance

with August Worley, Inventor, Electrical & Music Engineer

*“If you want to find the secrets of the universe, think in terms of energy, frequency and vibration.”*

*- Nikola Tesla*

Tuesday, November 4<sup>th</sup>, 6-7:30pm

Breathing Room, 101 Marshbanks Hall

Space is Limited! Email to save your spot: [crl@mhu.edu](mailto:crl@mhu.edu)

Experience August Worley's "Pyradym", a tool that uses soundwaves to calm the mind and the body. Combining his extensive background in music and sound-related engineering with his studies of yoga-based practices, August designed the Pyradym to emit the same frequencies as those produced by crystal "singing bowls" found in the Himalayas. August will give a presentation on the creation of the Pyradym, how its output frequencies are related to the mind & body, and then offer a 1 hour soundwave relaxation experience.

*Graphic Adapted from Tesla Magazine Story*